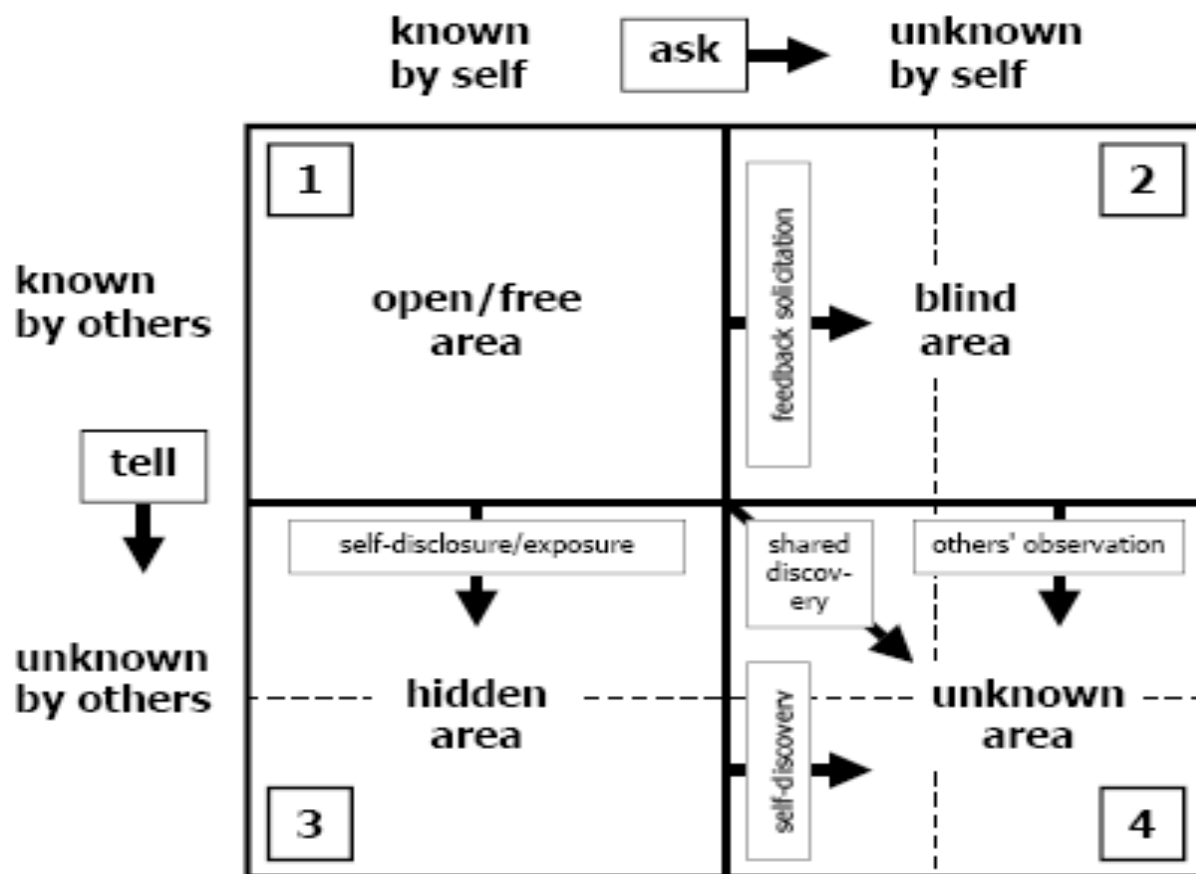


get it right on... Johari Window

Johari window is a tool created by Luft and Ingham in 1955 in the United States, to help people better understand their interpersonal communication and relationships.

Room 1 (arena) is the part of ourselves that we see and others see. Room 2 (blind spot) is the aspect that others see but we are not aware of. Room 3 (façade) is the most mysterious room in that the unconscious or subconscious bit of us is seen by neither ourselves nor others. Room 4 (unknown) is our private space, which we know but keep from others.



As well as being useful for interpersonal communication, it can also be a useful tool to consider your organisation's communication.

West Dunbartonshire CVS produces a range of resources covering different issues of interest to community and voluntary organisations. Please contact us directly if you would like one-to-one support or advice on any issue.

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